

Food Services Director: Jennifer Wilinsky
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Please check the District Website, Food Services Tab to learn more.

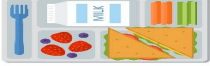





Sign Up for SchoolCafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



Reading School District High School Breakfast Menu January 2024



Meal Prices
Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00

 Breakfast meal must select 3 food items and one of the foods Must be a fruit or juice. ** Available Daily: Assorted Cereals, Muffins and Bagels**	Monday	Tuesday	Wednesday	Thursday	Friday
	1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
 Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple Sugar Snap Peas Strawberries Grapes ** Fruit & Vegetable Provided Depend On Availability	No School Happy New Year!	No School	A. Baked Cinnamon Roll B. Egg, Cheese & Bacon on Croissant C. Donut Peaches/Fresh Fruit/100% Juice Assorted Milk	A. Mini Pancake Bites B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll Applesauce/Fresh Fruit/100% Juice Assorted Milk	A. Egg, Cheese Breakfast Wrap B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
	8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
 Milk 1% and Skim White Skim Chocolate (Soy Milk is available for students w/dairy allergies)	A. Waffles B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Craisins/Fresh Fruit/100% Juice Assorted Milk	A. Early Riser Hashbrown B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar Apples/Fresh Fruit/ 100% Juice Assorted Milk	A. Egg & Sausage Burrito B. Egg, Cheese & Bacon on Croissant C. Donut Peaches/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon French Toast B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll Applesauce/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon Toast Crunch Filled Bar B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
	15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
 HEALTHY EATING	No School	A. Apple French Toast Slice B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar Apples/Fresh Fruit/ 100% Juice Assorted Milk	A. Baked Cinnamon Roll B. Egg, Cheese & Bacon on Croissant C. Donut Peaches/Fresh Fruit/100% Juice Assorted Milk	A. Mini Pancake Bites B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll Applesauce/Fresh Fruit/100% Juice Assorted Milk	A. Egg, Cheese Breakfast Wrap B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
	22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
 A. Breakfast Pizza B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Craisins/Fresh Fruit/100% Juice Assorted Milk	A. Waffles B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Craisins/Fresh Fruit/100% Juice Assorted Milk	A. Early Riser Hashbrown B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar Apples/Fresh Fruit/ 100% Juice Assorted Milk	A. Egg & Sausage Burrito B. Egg, Cheese & Bacon on Croissant C. Donut Peaches/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon French Toast B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll Applesauce/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon Toast Crunch Filled Bar B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
	29-Jan	30-Jan	31-Jan		
 The Knight Breakfast Meal Deal Choose ONE Entree: Daily Entree Special Choose up to TWO Sides of Fruit: Fresh Fruit Fruit Cup Fruit Juice (only 1 serving)					
Menu is subject to Change The institution is an equal opportunity provider.					